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| **1st Kyu 3rd Degree Brown Belt Test** |



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| **Name:** | | | | | | | | **Test Fee: $80** |
| **Present Rank:** | | | | **Testing Rank: 1st Kyu** | | | | **Result:** |
| **Single Basics** | | **Score** | **Comments** | | | **Spirit:** | | |
| Oi zuki | |  |  | | | | | |
| Gyaku zuki | |  |  | | | | | |
| Gedan barai | |  |  | | | | | |
| Age uke | |  |  | | | | | |
| Soto uke | |  |  | | | | | |
| Uchi uke | |  |  | | | | | |
| Shuto uke | |  |  | | | | | |
| Mae geri | |  |  | | | | | |
| Yoko geri kekomi (f. stance) | |  |  | | | | | |
| Yoko geri keage (kiba dachi) | |  |  | | | | | |
| Mawashi geri | |  |  | | | | | |
| Ushiro geri | |  |  | | | | | |
| Ura Mawashi geri | |  |  | | | | | |
| **Stances** | | **Score** | **Comments** | | | | | |
| Front stance | |  |  | | | | | |
| Back stance | |  |  | | | | | |
| Kiba dachi | |  |  | | | | | |
| Other Stances | |  |  | | | | | |
| **Double Basics** | | **Score** | **Comments** | | | **Spirit:** | | |
| Oi zuki, gyaku zuki | |  |  | | | | | |
| Gedan barai, gyaku zuki | |  |  | | | | | |
| Age uke, gyaku zuki | |  |  | | | | | |
| Ude soto uke, gyaku zuki | |  |  | | | | | |
| Ude uchi uke, gyaku zuki | |  |  | | | | | |
| Shuto uke, nukite | |  |  | | | | | |
| Mae geri, oi zuki | |  |  | | | | | |
| Mae geri , gyaku zuki | |  |  | | | | | |
| Yoko geri kekomi, gyaku zuki | |  |  | | | | | |
| Mawashi geri, gyaku zuki | |  |  | | | | | |
| Mae geri, yoko geri kekomi  (single leg) | |  |  | | | | | |
| Mae geri, mawashi geri (single leg) | |  |  | | | | | |
| Mawashi geri, ushiro geri | |  |  | | | | | |
| Ushiro geri, mawashi geri | |  |  | | | | | |
| **Score** | 1 = Fail (Comment Required) | | | | 2 = Pass (Comment Recommended) | | 3 = Excellent | |

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| **1st Kyu 3rd Degree Brown Belt Test Continued** | | | | | | | |
| **Triple Combination** | | | **Score** | **Comments** | | **Spirit:** | |
| Sando zuki | | |  |  | | | |
| Soto uke, uraken, empi | | |  |  | | | |
| Uchi uke, kizami zuki, gyaku zuki | | |  |  | | | |
| Mae geri, yoko geri kekomi, mawashi geri | | |  |  | | | |
| Shuto uke, kizami mae geri, nukite | | |  |  | | | |
| Mawashi geri , uraken, gyaku zuki | | |  |  | | | |
| Mae geri, yoko geri kekomi, mawashi geri (one leg stationary) | | |  |  | | | |
| **Kata** | | | **Score** | **Comments** | | **Spirit:** | |
| Tokui Kata: | | |  |  | |  | |
| Heian: 1, 2, 3, 4, 5 Tekki: 1  Tekki: 1 | | |  |  | |  | |
| Bassai Dai Kanku Dai | | |  |  | |  | |
| Jion | | |  |  | |  | |
| Empi | | |  |  | |  | |
| **Jiyu Ippon Kumite** | | | **Score** | **Comments** | | **Spirit:** | |
| **\*First cell is for attacking score/Second cell is for defending score** | | | | | | | |
| Jodan oi zuki | |  | |  | |  | |
| Chudan oi zuki | |  | |  | |  | |
| Mae geri | |  | |  | |  | |
| Yoko geri kekomi | |  | |  | |  | |
| Mawashi geri | |  | |  | |  | |
| Ushiro geri | |  | |  | |  | |
| **Jiyu Nihon Kumite** | | **Score** | | **Comments** | | **Spirit:** | |
| Kizami zuki, gyaku zuki (2X) | |  | |  | |  | |
| Mae geri, jodan oi zuki (2X) | |  | |  | |  | |
| **Jiyu Kumite** | | **Score** | | **Comments** | | **Spirit:** | |
| Attacking | |  | |  | |  | |
| Defending | |  | |  | |  | |
| Speed | |  | |  | |  | |
| Power | |  | |  | |  | |
| Timing | |  | |  | |  | |
| Distance | |  | |  | |  | |
| Spirit | |  | |  | |  | |
| **Score** | 1 = Fail (Comment Required) | | | | 2 = Pass (Comment Recommended) | | 3 = Excellent |