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| **1st Kyu 3rd Degree Brown Belt Test** |



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| **Name:** | **Test Fee: $80** |
| **Present Rank:** | **Testing Rank: 1st Kyu** | **Result:** |
| **Single Basics** | **Score** | **Comments** | **Spirit:** |
| Oi zuki |  |  |
| Gyaku zuki |  |  |
| Gedan barai |  |  |
| Age uke |  |  |
| Soto uke |  |  |
| Uchi uke |  |  |
| Shuto uke |  |  |
| Mae geri |  |  |
| Yoko geri kekomi (f. stance) |  |  |
| Yoko geri keage (kiba dachi) |  |  |
| Mawashi geri |  |  |
| Ushiro geri |  |  |
| Ura Mawashi geri |  |  |
| **Stances** | **Score** | **Comments** |
| Front stance |  |  |
| Back stance |  |  |
| Kiba dachi |  |  |
| Other Stances |  |  |
| **Double Basics** | **Score** | **Comments** | **Spirit:** |
| Oi zuki, gyaku zuki |  |  |
| Gedan barai, gyaku zuki |  |  |
| Age uke, gyaku zuki |  |  |
| Ude soto uke, gyaku zuki |  |  |
| Ude uchi uke, gyaku zuki |  |  |
| Shuto uke, nukite |  |  |
| Mae geri, oi zuki |  |  |
| Mae geri , gyaku zuki |  |  |
| Yoko geri kekomi, gyaku zuki |  |  |
| Mawashi geri, gyaku zuki |  |  |
| Mae geri, yoko geri kekomi (single leg) |  |  |
| Mae geri, mawashi geri (single leg) |  |  |
| Mawashi geri, ushiro geri  |  |  |
| Ushiro geri, mawashi geri |  |  |
| **Score** | 1 = Fail (Comment Required) | 2 = Pass (Comment Recommended) | 3 = Excellent |

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| **1st Kyu 3rd Degree Brown Belt Test Continued** |
| **Triple Combination** | **Score** | **Comments** | **Spirit:** |
| Sando zuki |  |  |
| Soto uke, uraken, empi |  |  |
| Uchi uke, kizami zuki, gyaku zuki |  |  |
| Mae geri, yoko geri kekomi, mawashi geri |  |  |
| Shuto uke, kizami mae geri, nukite |  |  |
| Mawashi geri , uraken, gyaku zuki |  |  |
| Mae geri, yoko geri kekomi, mawashi geri (one leg stationary) |  |  |
| **Kata** | **Score** | **Comments** | **Spirit:** |
| Tokui Kata:  |  |  |  |
| Heian: 1, 2, 3, 4, 5 Tekki: 1Tekki: 1 |  |  |  |
| Bassai Dai Kanku Dai  |  |  |  |
| Jion |  |  |  |
| Empi |  |  |  |
| **Jiyu Ippon Kumite** | **Score** | **Comments** | **Spirit:** |
| **\*First cell is for attacking score/Second cell is for defending score** |
| Jodan oi zuki |  |  |  |
| Chudan oi zuki |  |  |  |
| Mae geri |  |  |  |
| Yoko geri kekomi |  |  |  |
| Mawashi geri |  |  |  |
| Ushiro geri |  |  |  |
| **Jiyu Nihon Kumite** | **Score** | **Comments** | **Spirit:** |
| Kizami zuki, gyaku zuki (2X) |  |  |  |
| Mae geri, jodan oi zuki (2X) |  |  |  |
| **Jiyu Kumite** | **Score** | **Comments** | **Spirit:** |
| Attacking |  |  |  |
| Defending |  |  |  |
| Speed |  |  |  |
| Power |  |  |  |
| Timing |  |  |  |
| Distance |  |  |  |
| Spirit |  |  |  |
| **Score** | 1 = Fail (Comment Required) | 2 = Pass (Comment Recommended) | 3 = Excellent |